

Beauty Treatments

Facials help rejuvenate and energise tired, stressed skin and assist in clearing skin blemishes. All treatments include Microbrush steam cleansing and exfolation.

Facials

dermalogica

Dermalogica Mini Facial

30 min
£25

Dermalogica Luxury Facial

Includes stimulating facial massage
60 min
£38

Stimulating Facelift

Non-surgical treatment helps enhance facial definition, reduces expression lines.
Give your face a full work-out!
75 min - £40

Vacuum Suction Facial

Deep cleansing & toning for all skin types.
Removes blackheads, plumps skin and smoothes fine lines.
75 min - £40

Pamper Combination

Mini facial + back massage
60 min
Indulge yourself!
£45

Eye Treatments

Eyebrow Shape / Tweeze

£5

Eyebrow Tint

£8

Eyelash Tint

£14

Face & Body Waxing

Eyebrow Wax

£8

Lip / Chin Wax

£8

Underarm Wax

£10

Full Arm Wax

£15

Bikini Wax

£15

1/2 Leg Wax

£15

Full Leg Wax

£25

Back Wax

£25

Hand, Nail and Footcare

MAVALA
SWITZERLAND

Manicures

Bespoke Manicure

45 min - £15

Bespoke Manicure with Paraffin Wax

60 min - £20

File & Paint

15 min - £8

Pedicures

Bespoke Pedicure

60 min - £22

Bespoke Pedicure with Paraffin Wax

75 min - £28

Body Exfoliation

Includes dry brushing, exfoliating scrub, moisturising massage.

Back Scrub

25 min - £20

Full Body Scrub

45 mins - £30

Complementary Therapies

Massage

A deep, stimulating or relaxing treatment using specially formulated therapeutic-grade essential oil blends. Choose from calming, uplifting or energising.

Back, Neck & Shoulder Massage

30 minutes - £25

Full Body Massage

60 minutes - £40

Reflexology

A gentle type of pressure therapy applied to the feet to improve health and relax the body

Reflexology

45 minutes - £35

All timings are approximate

We ask for 24 hours notice of cancellation or we reserve the right to charge for your appointment

Bliss Studio
21 Station Approach
Coulsdon
CR5 2NR

Please contact Tracey for an appointment:

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Flexible opening hours

Gift Vouchers

available on request



www.bliss.more-efficient.co.uk



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